

ASSESSMENT CATEGORY - Older Londoners**Age UK Hillingdon, Harrow and Brent****Adv: Jemma Grieve Combes****Base: Hillingdon****Amount requested: £114,777****Benefit: Hillingdon****Amount recommended: £114,780****The Applicant**

Age UK Hillingdon, Harrow and Brent (Age UK HHB) is a charitable company with its headquarters in Hillingdon. Formerly Age UK Hillingdon, the organisation merged with its smaller partners in Harrow and Brent in June 2018 subsequent to the submission of this application. The core services remain in Hillingdon and include advice, welfare checks, hospital discharge services, falls prevention, a befriending service and an activities programme. There are some services running in Brent and Harrow and the aim is to expand the offer over time. Age UK HHB is one of London's larger Age UKs and a significant organisation in Hillingdon. It is the lead partner of H4All, a formal partnership of local organisations that work together to develop services to improve the health and wellbeing of Hillingdon residents. (H4All has had a Cornerstone Fund development grant approved recently.)

The Application

Age UK HHB is applying for funds for a Trainer and on costs to deliver a programme of Cognitive Stimulation Therapy and Maintenance Cognitive Stimulation Therapy to people with a recent diagnosis of mild to moderate dementia, and their carers, in Hillingdon.

The Recommendation

Hillingdon has a higher than average proportion of older people and there is currently no structured support for those with mild to moderate dementia. A grant would help fill a gap in services and enable you to have a significant impact in a target Borough for spending. The organisation hopes that the outcomes of the programme will enable them to make the case to the local CCG to invest in these services in future, an approach it has successfully used in the past.

£114,780 over 3 years (£39,290; £37,370; £38,120) towards the salary of a Trainer (28 hrs/week) and on-costs to deliver a programme of Cognitive Stimulation Therapy for people in Hillingdon with dementia and their carers.

Funding History

Meeting Date	Decision
30/06/2011	£95,000 over three years (£27,000; £34,000; £34,000) for the salary and activity costs of a f/t Healthy Lifestyles Coordinator.

Background and detail of proposal

Cognitive Stimulation Therapy (CST) is an evidence-based therapy for people with mild to moderate dementia used widely across the UK. It is a short course with each session focusing on a different theme such as childhood, food, music and news. CST courses are not currently available in Hillingdon but Age UK HHB's conversations with clients and partner organisations suggest there is high demand.

If successful, the organisation aims to deliver 10 8-week courses a year, with 2 45-minute sessions per week. 10 people (and their carers) will attend each programme.

To increase the impact of the programme and sustain the learning, Age UK HHB plans to provide additional training to carers in CST and Maintenance CST and will support the development of 6 peer-led support groups. They will also train 12 volunteers and 4 in-house staff to increase organisational capacity to deliver courses.

Financial Information

In 2016/17 the organisation ran a large deficit following several years of increased costs and decreased income. The new CEO took immediate and longer-term steps to address this including a restructure and cost-cutting across the organisation. The most recent draft accounts show a healthier position. The organisation has traditionally been heavily reliant on statutory and health funds. To increase resilience it aims to diversify its income, expanding its chargeable services and grant income. It hopes to take on a fundraiser in coming months.

In June 2018 Age UK Hillingdon merged with Age UK Harrow and Age UK Brent (both have been previously funded by the Trust. Age UK Brent's latest award was written back in full shortly before the merger). The financial information given in this application is solely for Age UK Hillingdon. The organisation is working on consolidating finances and aims to have a consolidated budget prepared in the Autumn. It does not anticipate this having any significant impact on its overall 2018/19 financial position.

Year end as at 31 March	2016/17 Audited Accounts £	2017/18 Draft £	2018/19 Budget £
Income & expenditure:			
Income	1,837,130	1,943,380	1,860,120
- % of Income confirmed as at 14/08/18	n/a	0%	98%
Expenditure	(2,210,718)	(1,960,171)	(1,850,710)
Total surplus/(deficit)	(373,588)	(16,791)	9,410
Split between:			
- Restricted surplus/(deficit)	(22,507)	0	1
- Unrestricted surplus/(deficit)	(350,901)	(16,791)	9,409
	(373,408)	(16,791)	9,410
Cost of Raising Funds	15,125	5,701	not yet calculated
- % of Income	0.8%	0.3%	n/a
Operating expenditure (unrestricted funds)	2,119,275	1,960,171	1,790,715
Free unrestricted reserves:			
Free unrestricted reserves held at year end	448,620	431,829	441,238
No of months of operating expenditure	2.5	2.6	3.0
Reserves policy target	536,138	440,485	440,485
No of months of operating expenditure	3.0	2.7	3.0
Free reserves over/(under) target	(87,518)	(8,656)	753